WHAT STUDENT RESOURCES ARE AVAILABLE?

Your classes are online and we are here for you! Most student resources and supports have moved online also. Below is a list of available supports and services by topic. Do not hesitate to reach out today. We look forward to hearing from you.

- Academic Advising
- Academic Support Services (tutoring, learning specialists, writing support, etc.)
- Admissions, Scholarships & Financial Aid
- Books & Course Materials
- Career Services
- Disability Services
- Food
- General Questions
- Health & Wellness
- Housing
- International Student Services
- IT Support & Internet Access
- <u>Library</u>
- Official University Updates on COVID-19
- Online Learning Resources
- Peer Support and Programming
- Parent and Family Questions
- Transfer Students

Still not sure where to go? Get in touch with a Support. Opportunity. Success. (SOS) specialist by texting SOS to 97779 and they can help.

WHAT IF I JUST NEED TO TALK TO SOMEONE IN PERSON?

Academic Advising

Academic advisors are meeting with students through online meetings and phone calls. Make an appointment with your academic advisor through <u>Trellis</u>. You can also email your academic advisor. If you do not know who your academic advisor is, you can find your advisor <u>here</u> by major, my minor, or by college.

If you have general questions about advising, contact the Advising Resource Center (ARC) at advising@email.arizona.edu or 520-626-8667. They are also available by chat at https://advising.arizona.edu during regular business hours.

Wayfinders are advising experts and an additional academic advising resource. Contact Wayfinders at wayfinders@email.arizona.edu or call 520-626-8667.

Academic Support Services

Math: Online, drop-in tutoring for math courses will be available starting on Monday, March 23 through THINK TANK.

Supplemental Instruction Online sessions for MATH 112 will resume on **Monday, March 23** through THINK TANK.

Science: Online drop-in tutoring for science courses will be available starting on Monday, March 23 through THINK TANK.

Supplemental Instruction Online sessions for CHEM 151 and 152 will be available on **Monday, March 23** through <u>THINK TANK</u>.

Business: Online drop-in tutoring for business courses will be available starting on **Monday, March 23** through <u>THINK TANK</u>.

Language: Online drop-in tutoring for Spanish and French will be available starting on **Monday, March 23** through THINK TANK.

Academic Skills: Online drop-in tutoring for academic skills will be available starting on Monday, March 23 through THINK TANK.

<u>Free academic skills appointments</u> will also be available online starting on Monday, March 23. <u>Academic skills workshops</u> will continue to be offered online; these will resume on Wednesday, **March 18**.

Test Prep Courses: All THINK TANK <u>GRE prep courses</u> will be offered online until further notice. Other courses are moving online wherever possible. Please see the <u>Test Prep home page</u> for further updates.

Writing: The Writing Center in THINK TANK is providing free, online 45-minute appointments by Zoom conferences and free, peer feedback by Feed Back Loop. Private tutoring is also available for a fee. You can sign up for all services here.

The Writing Skills Improvement Program (WISP) is operating almost unaffected, and tutors will continue to meet REMOTELY with students and clients for individual and small group tutoring, job market prep, and editing. Make an appointment for online tutoring here.

SALT Center: The SALT Center is offering all services its normally provides to students. Learning Specialists have contacted all SALT Center students. For more information visit the SALT Center website.

CATS Academics: CATS Academics provides academic support to student athletes. It is located in the Ginny A. Clements Academic Center. The center is currently open M-F from 10a.m.-3p.m. CATS Academics staff are available from 8a.m.-5p.m. by email, phone, and Zoom. Visit the CATS Academics website for more information.

Admissions, Scholarships & Financial Aid

Staff are available through email and phone. Visit the Admission <u>website</u> for information. New and prospective students can also take a <u>virtual campus tour</u>. Financial aid appointments are available by phone (520-621-1858). Online chat for financial aid can he found here: https://askaid.support.arizona.edu/ Additional contacts for financial aid are here: https://financialaid.arizona.edu/contact/email

Temporary loans of up to \$200 are available for students who need access to additional funds for travel costs or other unanticipated expenses. The application fee will be waived, and approved funds will be disbursed nightly. To apply for a temporary loan, reach out to Office of Scholarships & Financial Aid (OSFA) by phone (520-621-1858) or chat (access via https://financialaid.arizona.edu/contact). A financial aid counselor will arrange for and process the temporary loan, including collecting documents and verifying ID/signature via Zoom. This special process, generally done in-person, will be in operation from now until Friday, April 10.

Books & Course Materials

The University of Arizona <u>Bookstore</u> is still open regular business hours. For courses beginning March 18, 2020, students can purchase in-store or online. New, used, rental, digital books, and class notes are available. Students may pick-up in store or receive free standard shipping on course materials with promo code "SHIPTEXT" through May 1, 2020.

With our transition to online learning this week, some students will lose access to course materials that they previously shared with classmates or instructors, or accessed via the library. To support these students, we've partnered with our digital course materials provider, VitalSource, and leading publishers, to <u>launch VitalSource Helps</u>, a program that provides access to ebooks to all students through May 25th. Students may begin accessing these materials today at <u>bookshelf.vitalsource.com</u> for free.

Required digital content through the Inclusive Access program is available through D2L. For courses beginning March 18, if students don't wish to purchase required materials, they must opt-out by March 24, 2020.

As you transition to online classes, our technology department can assist in making sure you have the devices you need as well as provide help with upgrades. Some examples of devices we offer are: monitors, keyboards, mice, external hard drives, extension cords, power strips, and more.

Career Services

Student Engagement & Career Services has online appointments, events, and information. You can meet with a peer or career educator. Visit https://career.arizona.edu/career-online to use their services.

The CALS Career Center is offering services virtually. Email Bridget Radcliff (bewrad@arizona.edu) or Valeria Martinez (vmartinez@arizona.edu), call 520-621-3616, or visit the website: https://cals.arizona.edu/students/cals-career-center

Disability Services

Disability Resource Center staff are available by phone and email. Visit their website: https://drc.arizona.edu/

Food

<u>The Campus Pantry</u> is still open even though classes have moved online. We have altered hours to best fit staff and volunteer schedules. In addition we have relocated to the Sonora Room which is on the first floor of the Student Union, across for the Cat Card office and next to the Wells Fargo.

New Hours: Tuesdays 2-4pm, Wednesdays and Fridays 11-1pm.

Please email with questions uofacampuspantry@gmail.com. Emergency food bags are available in the Dean of Students office located in the Nugent Building.

The Arizona Student Union Kitchen is preparing affordable, boxed meals. Pick-up locations are listed on the website: https://www.union.arizona.edu/ Student markets are also open. Visit the website for details.

The Community Food Bank of Southern Arizona: https://www.communityfoodbank.org/

General Questions

SOS: Support. Opportunity. Success. (SOS) is for UA students who find themselves facing questions or issues and are unsure about where to go for answers. **ANY QUESTION. JUST ASK**. You can reach SOS by texting SOS to 97779. Live chat is available here: https://sos.arizona.edu/

Dean of Students: The Dean of Students webpage offers up-to-date information for students and families: https://deanofstudents.arizona.edu/welcome/coronavirus-information. You can also call or email the office.

Official University website for COVID-19:

https://www.arizona.edu/coronavirus-covid-19-information

Center for Disease Control and Prevention:

https://www.cdc.gov/coronavirus/2019-ncov/index.html

Arizona Department of Health Services:

https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-home

Pima County: https://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=527452

Health & Wellness

Official University website for COVID-19:

https://www.arizona.edu/coronavirus-covid-19-information

98point6

https://www.98point6.com/arizona/

On-demand, text-based primary care at your fingertips through University of Arizona. Type in your phone number and you will get the 98point6 app link sent straight to your phone for free. Provides you with on-demand, text-based telemedicine.

Campus Health: Campus Health Alerts are available here:

https://health.arizona.edu/healthalerts

Campus health is open, but asks that you call before visiting. **Medical:** (520) 621-9202 | **After Hours:** (520) 570-7898

CAPS/Mental Health: (520) 621-3334 | After Hours: (520) 621-3334

Counseling & Psychological Services (CAPS)

Counseling & Psychological Services is open, buts asks that you call before visiting.

Website: https://health.arizona.edu/counseling-psych-services

Phone: (520) 621-3334 or (520) 626-3100

Walk-In: CAPS Main - 1224 E. Lowell St, at Highland Commons CAPS North - 1151 E. Mabel St, inside North REC

Life Management Counseling

Students currently receiving direct counseling support from a Life Management Counselor may continue to keep their appointment via telehealth by using the audio/video platform Zoom. Please email your Life Management Counselor directly for the scheduling link. Students wanting to schedule a first appointment with a Life Management Counselor but feel they are ok to wait until in-person services resume, we ask that you wait until then to schedule. If students feel that they need to have an initial appointment with a Life Management Counselor before then, please email the Life Management Counselor directly to discuss options. Life Management Counselors will remain available for faculty/staff consultation. Please email your Life Management Counselor directly with questions or concerns.

 $Additional\ information\ is\ available\ here:\ \underline{https://studentsuccess.arizona.edu/student-wellness-retention}$

Life Management Counseling and Consulting Contact Information:

Melissa Rosinski, LPC, mrosinski@arizona.edu Michelle Rosenbalm, LPC mnr1@arizona.edu J Jenny Simon, PhD. jsimon@arizona.edu Ryan Daily, LPC rdaily7@arizona.edu

The Thrive Center is still providing their "Wellness Month" programming. Wed. 3/18- Fri. 3/27. 18 workshops will be offered online. See workshops here: https://thrive.arizona.edu/calendar

Housing

Up-to-date campus housing information is available here.

International Students Services

Staff members are available by email. Please visit https://global.arizona.edu/iss

IT Support & Internet Access

Students can access IT support by phone (520) 626-TECH (8324) and via Chat: support.arizona.edu.

Some computer labs on-campus are still open. For hours, please visit https://oscr.arizona.edu/content/covid19

The University does not promote or endorse any specific vendor, if you need internet access, one of these options may be right for you. At the time of this posting, we know of these free Internet offers for low-income families:

- Comcast (Xfinity): Xfinity WiFi Network nationally for free for two months to low income families
- Cox: First month free of Connect2Compete service to qualified low income families

Contact your local public library to see what resources they may have. Be aware that when you are on a public wifi network your information is not secure. Use the **UA VPN** to securely connect to the campus network.

Library

Library staff are available <u>by live chat, text, phone and email</u>. Up-to-date information from the library is available <u>here</u>.

Official University Updates on COVID-19

Official University updates are available on this webpage: arizona.edu/coronavirus-covid-19-information

Online Learning Resources

Online learning resources are available here: https://student.it.arizona.edu/

Launchpad on D2L: This site will provide valuable information about connecting and navigating University resources that have transitioned online for the remainder of the Spring 2020 semester. Click on *Content* tab to find what you need. Simply login to your D2L account.

Parent and Family Questions

Parent and Family Programs is available by phone and email to answer questions. Visit uafamily.arizona.edu, call 520.621.0884, or email uafamily@email.arizona.edu

Dean of Students: The Dean of Students webpage offers up-to-date information for students and families: https://deanofstudents.arizona.edu/welcome/coronavirus-information. You can also call or email the office.

SOS: Support. Opportunity. Success. (SOS) is for UA students who find themselves facing questions or issues and are unsure about where to go for answers. **ANY QUESTION. JUST ASK**. You can reach SOS by texting SOS to 97779. Live chat is available here: https://sos.arizona.edu/

Peer Support & Programming

<u>The Thrive Center</u> has moved all student success services online. For more information regarding the program you are a part of within Thrive Center, please refer to email communication from the staff of those programs. You can also contact Thrive Center at thrive@email.arizona.edu if you have not received any emails. If you would like to connect with a program, please email us and we'll have a staff member reach out to you.

Transfer Students

The Transfer Student Center staff is available by email and for virtual appointments. Email the center at transfercenter@email.arizona.edu

WHAT IF I JUST NEED TO TALK TO SOMEONE IN PERSON?

If you need in-person assistance, please visit our temporary office, THE STUDENT SUCCESS INFORMATION CENTER, located on the first floor of the SALT Center, Patricia A. Bartlett Building, 1010 N. Highland Avenue.

This office is open Monday-Friday from 8 a.m. to 5 p.m. until further notice.

You can also reach the STUDENT SUCCESS INFORMATION CENTER by phone at 520-621-1242.

At the Center you can receive care, support, referrals, and information about services. We are also available to help you problem solve any issues you may be facing this semester.