## Creating Cultural Change to Support Wellbeing in Higher Ed

The speaker presents a change model (Curry, 1992; Kezar and Sam, 2013) he has used at UA, at the national, and international level to prioritize wellbeing as an outcome in learning. Participants will engage in playful, practical (and fun!) writing strategies the speaker has developed to support wellbeing and self-actualization. The speaker will conclude with a call for proposals for an edited collection series on the topic of wellbeing in higher education born out of a record-setting response to a recent CFP for a special issue on writing and wellbeing he is guest editing for the journal Composition Studies. Implications for policy change could be discussed.

## **Stacey Cochran**

Stacey Cochran is an Associate Professor in the College of Social and Behavioral Sciences at the University of Arizona. He is the creator of the writing and well-being movement in U.S. education and specializes in research related to creating institutional and organizational change.

